

THE LINK

Our Cafe facility offers a comfortable setting in which to meet with others over lunch, where a warm welcome or a listening ear can always be found - especially valuable for those who live on their own.

Wednesdays: 12.30 pm - 2.00 pm

A two course hot meal is available, which varies from week to week. This meal can be pre-ordered and the cost for two courses is £3.50



Also available from September onwards will be home-made soup, filled sandwiches and rolls, salads, jacket potatoes, fruit and ice-cream. It will not be necessary to order these items in advance so do feel free to just turn up on the day.

Mondays: 1.00 pm - 3.00 pm (3rd Monday of the month)

Once a month we will provide a two course lunch as part of the Focus group meeting. The cost for a two course set meal will be £3.50.

Following the lunch you are invited to stay for our visiting speaker. The programme of speakers is wide and varied and a Focus programme will be available at the start of the new term in September.

The LINK team are waiting to welcome you!



If you would like to know more about LINK, do please contact either:

Judith Parry 020 8650 0979 or Sue Rogers 020 8777 1856