

COATS FOR LCM - As the colder weather hits us, London City Mission would welcome warm coats, hats, gloves etc. Also blankets or sleeping bags. Please bring them along either during the week (office hours or on Sunday morning. Tim Sowter will be making a delivery to LCM so if you have yet to sort out your warm coats etc., please bring them in as soon as possible.



We hope you enjoy your refreshments served after morning services.

We have some dedicated volunteers who provide this valuable service every Sunday, but we really could do with some more help. If you are not part of a Homegroup this does not preclude you from offering your help. Or, if you are in one of the Homegroups who are not on the rota, but again, you feel you could help, this would be great. You will only be asked to help around once every couple of months - the more people we can get helping - the less pressure it places on those who currently help. Please do come and speak to me if you think this might be you. All help will be very gratefully received. Thank you. Liz King

EXERCISE CLASS FOR SENIORS

Our weekly Exercise Class will be operating from Wednesday 3rd January. This group is led by Mark Goldsmith who is especially qualified to work with those people who might need a little extra care whilst exercising. Mark currently works with Bromley Heart Smart and Prime Time groups. If you have back, hip or knee problems or joint replacements, this will not preclude you from joining in with this class. Mark looks at each person individually to make sure everyone is working to their own level



and capabilities. He also monitors blood pressure, heart rates etc. and can offer cholesterol testing and lots of advice. Most of all Mark makes the sessions fun! so you hardly realise you are exercising. You will be very welcome to join us so do come along to the large hall at 2.00 pm on Wednesday and make that New Year's resolution to 'keep moving' by joining this very sociable group. If you have any questions about the class, please speak to Liz King or contact Mark direct on: 07795 423288



Vicar: Rev'd Liz Lander ☎ 8650 6110 ✉ landerliz@yahoo.co.uk (Liz's day off is Thursday)

Associate Vicar: Rev'd Scott Smith ☎ 8289 4819 ✉ smithscott@hotmail.com (Scott's day off is Friday)

Churchwardens: Julia Lewis ☎ 8462 3508 and Tony Peters ☎ 8402 1876

Church Office: Liz King ☎ 8650 3515 ✉ office@sjep.org Website: www.sjep.org

Office Hours: Mon, Weds, Thurs & Fri 9.00 am -1.00 pm **CLOSED TUESDAYS**

News & Notices

14th January 2017

A very warm welcome to you all, especially if you are new to St. John's or you are just visiting - we are delighted to have you with us. Refreshments will be served after the service so do please stay and join us for coffee/tea.

Sunday 14th January

10.00 am **Holy Communion** - Rev'd Liz Lander
'What does it mean to give?'

Readings: 2 Corinthians 9: 6 - 15 and Mark 12: 38 - 44

Wednesday 17th January

11.15 am **Holy Communion** - Rev'd Liz Lander

Sunday 21st January

10.00 am **Holy Communion** - Rev'd Scott Smith
'What does it mean to serve?'

Readings: Isaiah 42: 1 - 4 and John 13: 1 - 17

3.30 pm



With crafts and activities songs Bible Story and afternoon tea! Especially suitable for families with children up to 10 years. All are welcome.

Special Prayer for the 2nd Sunday of Epiphany

*God of glory,
you nourish us with your Word
who is the bread of life:
fill us with your Holy Spirit
that through us the light of your glory
may shine in all the world.*

We ask this in the name of Jesus Christ our Lord. Amen

If you would like prayer today - please speak to the person leading the service who will find someone to pray with you.

Monday 15th January

1.00 pm FOCUS Lunch - Talk: "Going the extra mile" Liz King

Tuesday 16th January

10.00 am The Ark
8.00 pm PCC Meeting

Wednesday 17th January

11.15 am Holy Communion
12.30 pm LINK
1.30 pm Art Class
2.00 pm Exercise class for all ages and abilities
5.30 pm Kingfishers
7.30pm ALPHA - (see opposite)

Friday 19th January

8.45 am Parish Prayers

PLEASE PRAY FOR:

- | | |
|-----------------------------------|-----------------|
| - Ron Jepp | - Joan Jones |
| - Margaret Murrell | - Jane Newman |
| - Ann Galliver | - Keith Shelley |
| - Joyce Foulger | - Paul Allen |
| - Rod Bassett | - Jim Cruse |
| - Stan Elsey | - Essie Grives |
| - Alan Abbott (stepson of Carole) | |
| - Nancy Day | |

We were sorry to hear that Adam Winn's mother, Pam, died earlier this week. Please remember Adam, Rachel and the family in your prayers at this difficult time.

Also, we need to tell you that Patrick Grant (87 yrs) passed away last week. Patrick's late wife Trudy was a long time member of St. John's and Patrick was very much connected with The Link over many years, both as a volunteer and of late as a regular attender. Please pray for Patrick's family at this sad time.

Special prayer topics

- People going out to work
- Residents in Limewood Close



Today we pray for the persecuted church in **Jordan**

- For Christian converts interrogated by police and abused or abducted by family members – for protection and healing
- That the many refugees in Jordan would have an opportunity to hear the gospel
- For Muslims to be struck by the love of their Christian neighbours and that they would be drawn to Christ.

Everyone has questions....

We believe that everyone should have the chance to explore the Christian faith, ask questions and share their point of view...

ALPHA - starts at St. John's this Wednesday 17th January.

Please speak to Liz or Scott if you would like to come along, or if you know someone who you would like to invite to join this group.



Please be praying about our new Alpha Course starting in January. Is there someone you would like to invite along? Are there questions which you yourself would like to ask? Alpha is for anyone who is curious and would like to explore the basics of Christian faith in a friendly, open and informal environment. Please pick up an invitation card (or cards) from the Information Table.

Hannah Bones - following her joyful baptism last Sunday, Hannah has now travelled to Thailand to start her three month period working with a children's charity.

Please pray for Hannah - for safety in travel, for good health and for a truly amazing experience!



LENT COURSE CANCELLED - Due to a number of reasons, the proposed CTiBb Lent Course due to start on Tuesday 23rd February has been cancelled for this year. Watch this space!