

**CONFIRMATION** - Now is the time to be thinking about confirmation. Young people and older people alike, this is an opportunity to make a public commitment of your faith, to be blessed by the bishop and to receive the prayers of all the church for a special blessing of the Holy Spirit. This year our service of confirmation will be on 29<sup>th</sup> April at St Paul's, Brackley Road, at 4.00 pm. Whether you are 13, 33 or 83... if you would like to know more please talk to Nick or Liz Lander.

**An Evening with Canon Hosam Naoum**, Canon Pastor of St George's Cathedral, Jerusalem, who will talk about the challenges for the Church in the City of Jerusalem and the West Bank. This will take place on Monday, 27th February at 7.30pm at St. Mary's Church Hall, Shortlands, Bromley (BR2 OPU) and will conclude by 9pm. Refreshments will be served at the end of the evening. All enquiries regarding the evening should be directed to Canon Paul Miller [canonpmiller@aol.com](mailto:canonpmiller@aol.com) or Tel: 8460 4989).

### **ITEMS FOR SALE FOR CORNERSTONE**

If you would like to offer items for sale for Cornerstone - people will make a reasonable donation for the item which will go to our Cornerstone appeal. Just send details by email to the office: [office@sjep.org](mailto:office@sjep.org)

**ERGONOMIC OFFICE CHAIR** - Contact Derek & Maureen  
(for back sufferers) Gamson on 8462 3509



**QUALCAST CARPET SWEEPER** - Contact Derek & Maureen  
Gamson on 8462 3509

**DINING TABLE & 6 CHAIRS** - Contact Marna de Cruz : 07847 169329  
**DOUBLE BED FRAME** - Contact Marna de Cruz : 07847 169329

**FOR SALE** Nearly new Z-tec Light-weight folding wheel-chair. £40.00. 'Phone Pam Gann 020-8658 5446



**COFFEE TEAM ROTA:** Next Sunday - 5th February - tea/coffee will be provided by members of Judith Parry's home group.

Vicar: Rev'd Nick Lang Tel: 8650 6110 Email: [vicar@sjep.org](mailto:vicar@sjep.org)  
Associate Vicar: Rev'd Liz Lander Tel: 3417 6285 Email: [landerliz@yahoo.co.uk](mailto:landerliz@yahoo.co.uk)  
Church Wardens: Elizabeth Clarke Tel: 8650 2170 & Jef Foulger Tel: 8658 6243  
Church Office: Liz King Tel: 8650 3515 E-mail: [office@sjep.org](mailto:office@sjep.org)  
Office Hours: 8.00 am - 1.30 pm Mon. 8.00 am - 4.00 pm Tues, Thurs, Fri. (Closed Wed)  
Website: [www.sjep.org](http://www.sjep.org)

## **News & Notices for week commencing: Sunday 29th January 2012**

A very warm welcome to you all, especially if you are new to St. John's or you are just visiting - we are delighted to have you with us. Refreshments will be served in church after the service this morning .

### **Sunday 29th January**

- 10.00 am Morning Worship - Marian Porthouse  
**"Blessed are those who hunger and thirst for righteousness" (Matthew 5: 6)**  
Isaiah 55: 1-7 and John 4: 4 - 15 and 27 - 34
- 6.30 pm Holy Communion - Dr. David Plummer  
Readings: 1 Corinthians 14: 12-20 and Matthew 13: 10-17

### **Wednesday 1st February**

- 10.45 am Holy Communion - Rev'd Nick Lang

### **Sunday 5th February**

- 10.00 am Morning Worship - Rev'd Nick Lang  
**"Blessed are the merciful" (Matthew 5:7)**  
1 Samuel 26: 1 - 25 and Matthew 18: 21 - 35
- 6.30 pm Holy Communion - Rev'd Liz Lander  
Readings: Philippians 2: 12 - 28 and Luke 5: 1 - 11

### **Special Prayer for 4th Sunday of Epiphany**

*God of heaven,  
you send the gospel to the ends of the earth  
and your messengers to every nation:  
send your Holy Spirit to transform us  
by the good news of everlasting life  
in Jesus Christ our Lord.  
Amen*

**Is there something you would like to pray about today?  
Someone will be available to pray with you after each service..**

### Monday 30th January

- 8.45 am Parish Prayers
- 10.30 am The LINK – coffee followed by lunch from 12 noon
- 2.30 pm Women’s Focus
- 8.00 pm Homegroups

### Tuesday 31st January

- 10.00 am The Ark
- 8.00 pm Homegroups

### Wednesday 1st February

- 9.15 am Parish Prayers
- 10.45 am Holy Communion in the Chapel
- 10.30 am The LINK – coffee followed by lunch from 12 noon
- 2.00 pm OPEN HOUSE
- 5.30 pm Kingfishers
- 6.30 pm Kestrels

### Friday 3rd February

- 8.45 am Parish Prayers

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### **Please pray for –**

- ◆ Percy Persaud
- ◆ Nancy Day
- ◆ Becky Sowter
- ◆ Nina Clark
- ◆ Joyce Overington - now in residential care
- ◆ Jane Mercer (Stan & Flo’s daughter)
- ◆ Chris Clayton
- ◆ John Corcoran (Becky Sowter’s father)

*Please pray for Jessica and David Lewis and their youngest daughter, Anna (friends of Jacqui & Matt Proctor). Anna is critically ill following a seizure. They live in Mauritius but Anna had to be medi vaccd to South Africa. They are very isolated and split between the two countries at the moment whilst this is going on.*



**Congratulations!** To Brian & Rosemary Clayton who are celebrating their 60th Wedding Anniversary today. Brian & Rosemary would like everyone to join them for cakes and refreshments after this morning’s service.

**PARISH PRAYERS** : An opportunity to meet for 1/2 hour to pray together. 8.45 am on Mondays and Fridays and 9.15 am on Wednesdays.

### **Special prayer topics:**

- ◆ Residents of Elderslie Close
- ◆ Homemakers - those caring for families at home.

## **FELLOWSHIP LUNCH - Sunday 5th February**

If you haven’t already done so, please remember to sign up for the Fellowship lunch. An opportunity to share a meal together with time to chat and meet with members of our St. John’s extended family!

## **News about Caleb Meakins**

Caleb is now in his last year at university - preparing to finish in June and is looking for his first job. Meanwhile, he has been accepted as a Global Poverty Advisor for 2012/13 representing the joint work of the Global Poverty Project and the Bill & Melinda Gates Foundation. After training in March, his role will be to develop opportunities over the next year to make presentations on the project, raising awareness of poverty around the world and the campaign to eradicate it.

Nick has extended an invitation to Caleb to make a ‘Beckenham’ presentation at St. John’s should this fit into his plans. For now Caleb says “keep praying for me; for this new work; my search for a job; and for my final degree course work”



**Bromley Concert Band** will be performing for us on Saturday 25th February, 7.30pm with a programme of popular classics and songs from the shows. Admission free with a retiring collection for the work of the Mission Aviation Fellowship. This is a really great evening so do please come along and support them.

## **FALLS PREVENTION WORKSHOP - Tuesday 14th Feb**

Did you know that 1 in 3 adults over 65 fall every year? Not all falls can be prevented, but help is at hand! We are pleased to announce a **free workshop on “Falls Prevention”** delivered by clinical exercise specialists. They will cover health promotion, home exercise programmes, exercises for knee and hip replacements, coping strategies and lots more! Follow up courses will be available.

The workshop will be on Tuesday 14th February at 2.00 - 4.00 pm in the Halls. If you would like to attend, please let Liz King know so that we can get an idea of numbers. All are welcome, so if you know of someone who you feel would benefit from this workshop, do invite them to attend. There are some leaflets available on the Information Table.

**PAMPERED CHEF** - If you attended the recent Pampered Chef evening and placed an order please see Emily Bones today who has all the items ready for your collection. Emily will be by the notice board near the entrance doors.