

COATS FOR LCM - As the colder weather hits us, London City Mission would welcome warm coats, hats, gloves etc. Also blankets or sleeping bags. Please bring them along either during the week (office hours or on Sunday morning. Tim Sowter will be making a delivery to LCM so if you have yet to sort out your warm coats etc., please bring them in as soon as possible.



We hope you enjoy your refreshments served after morning services. We have some dedicated volunteers who provide this valuable service every Sunday, but we really could do with some more help. If you are not part of a Homegroup this does not preclude you from offering your help. Or, if you are in one of the Homegroups who are not on the rota, but again, you feel you could help, this would be great. You will only be asked to help around once every couple of months - the more people we can get helping - the less pressure it places on those who currently help. Please do come and speak to me if you think this might be you. All help will be very gratefully received. Thank you. Liz King

EXERCISE CLASS FOR SENIORS

Our weekly Exercise Class will be operating from Wednesday 3rd January. This group is led by Mark Goldsmith who is especially qualified to work with those people who might need a little extra care whilst exercising. Mark currently works with Bromley Heart Smart and Prime Time groups. If you have back, hip or knee problems or joint replacements, this will not preclude you from joining in with this class. Mark looks at each person individually to make sure everyone is working to their own level



and capabilities. He also monitors blood pressure, heart rates etc. and can offer cholesterol testing and lots of advice. Most of all Mark makes the sessions fun! so you hardly realise you are exercising. You will be very welcome to join us so do come along to the large hall at 2.00 pm on Wednesday and make that New Year's resolution to 'keep moving' by joining this very sociable group. If you have any questions about the class, please speak to Liz King or contact Mark direct on: 07795 423288



Vicar: Rev'd Liz Lander ☎ 8650 6110 ✉ landerliz@yahoo.co.uk (Liz's day off is Thursday)

Associate Vicar: Rev'd Scott Smith ☎ 8289 4819 ✉ smithscott@hotmail.com (Scott's day off is Friday)

Churchwardens: Julia Lewis ☎ 8462 3508 and Tony Peters ☎ 8402 1876

Church Office: Liz King ☎ 8650 3515 ✉ office@sjep.org Website: www.sjep.org

Office Hours: Mon, Weds, Thurs & Fri 9.00 am -1.00 pm **CLOSED TUESDAYS**

News & Notices

7th January 2017

A very warm welcome to you all, especially if you are new to St. John's or you are just visiting - we are delighted to have you with us. Refreshments will be served after the service so do please stay and join us for coffee/tea.

Sunday 7th January

10.00 am **All Age Worship & Baptism** - Rev'd Liz Lander
Reading: John 3: 1 - 7 and 16 - 17

Wednesday 10th January

11.15 am **Holy Communion** - Dr. David Plummer

Sunday 14th January

10.00 am **Holy Communion** - Rev'd Liz Lander
'What does it mean to give?'

Readings: 2 Corinthians 9: 6 - 15 and Mark 12: 38 - 44

Special Prayer for the 1st Sunday of Epiphany

Lord of all time and eternity,

*you opened the heavens and revealed yourself as Father
in the baptism of Jesus your beloved Son:*

by the power of your Spirit

complete the heavenly work of our rebirth

through the waters of the new creation;

through Jesus Christ our Lord.

Amen.

If you would like prayer today - please speak to the person leading the service who will find someone to pray with you.

Monday 8th January

2.00 pm FOCUS - Rev'd Liz Lander
8.00 pm Homegroups

Tuesday 9th January

10.00 am The Ark
8.00 pm Homegroups

Wednesday 10th January

11.15 am Holy Communion
12.30 pm LINK
1.30 pm Art Class
2.00 pm Exercise class for all ages and abilities
5.30 pm Kingfishers
8.00 pm Homegroups

Friday 12th January

8.45 am Parish Prayers

PLEASE PRAY FOR:

- Margaret Murrell - now back home and recovering well. Isaiah 58: 11 - The Lord will satisfy your needs and strengthen your bones.
- Ron Jepp in the PRUH having suffered a stroke.
- Ann Galliver - Joan Jones
- Joyce Foulger - Jane Newman
- Rod Bassett - Keith Shelley
- Stan Elsey - Paul Allen
- Alan Abbott (stepson of Carole) - Jim Cruse
- Nancy Day - Essie Grives

Special prayer topics

- Older people at home - retired people
- Residents in Leaveland Close



Today we pray for the persecuted church in
Bangladesh

- For Christians who have left their communities because of pressure to reconvert, and for Open Doors workers providing assistance and relief to believers
- That Christians who are mentally and physically abused would know God's healing and stand firm in their faith
- That the ruling coalition government, the Awami League (AL), will govern the country with wisdom and justice.

Everyone has questions....

We believe that everyone should have the chance to explore the Christian faith, ask questions and share their point of view...

ALPHA - starts at St. John's on Weds 17th January.

Please speak to Liz or Scott if you would like to come along, or if you know someone who you would like to invite to join this group.



Please be praying about our new Alpha Course starting in January. Is there someone you would like to invite along? Are there questions which you yourself would like to ask? Alpha is for anyone who is curious and would like to explore the basics of Christian faith in a friendly, open and informal environment. Please pick up an invitation card (or cards) from the Information Table.

CHRISTMAS GIVING - Our cash collections taken at the Christmas Services raised £1483 which will be split between **Welcare** and **Living Well**. Our collection taken at our Christingle Service raised £291 for **The Children's Society**.

Thank you all for your generous giving!

HOMEGROUPS - recommence this week.

New Homegroup notes entitled '**Getting the most out of New Testament characters**' are now available and you will be able to pick up copies of booklets for your group and also some Leader's Notes. These notes cover three sessions including two in January and the first one in February. Following that date, groups and members are encouraged to join in the CTiB Lent Course taking place again at St. John's commencing Tuesday 20th February.